

# Thread-lifts Training Certificate

**Program Title:** Thread-lifts Training Certificate

**Program credential:** Certificate

**Program Duration:** 1 day

**Classes Schedule:** From 9:00 am to 5:00

**Eligibility** Doctors (MDs) and Nurses (RN, RPN, NP) and IMGs (International Medical Graduates)

## Program Overview:

As Thread-lifts are one of the newest approaches to nonsurgical facial tightening and a type of procedure wherein temporary sutures are used to produce a subtle but visible “lift” in the skin. As we age, there is a natural loss of facial skin thickness and muscle mass in addition to a breakdown of collagen and elastin proteins. It is an easy, fast, in-office procedure. The procedure typically takes about 30 minutes to complete and the patient can quickly go back to their normal activities. There are two main types of thread lift procedures: Nova Threads and Silhouette Insta Lift. While the two procedures use the same mechanism, there are some essential differences between them. Polydioxanone (PDO), which is biocompatible material designed to dissolve by your body. Silhouette Insta lift threads are made of Poly-l-lactic, which is also biocompatible material. The threads used in this operation are a bit different as they are interspersed with small cones.

## Program Objective

By the end of the Program, Learners should:

- Have theoretical and practical knowledge in Thread Face Lift.
- Be skilful and confident in performing Thread Face Lift procedures.
- Be prudent in early detection and avoiding Thread Lift complications.
- Be skilful in managing Thread Lift complications, including asymmetry, tenting & other complications.
- Be familiar with different types of Threads and their respective indications

## What you’ll learn?

- Introduction of Thread lifting
- Skin Anatomy
- Mapping of the Face
- Indications / Contraindications
- Types of Thread lifting in the market
- Pre-Procedure Setup
- Three types of Procedure
- Precautions
- Post-Procedure Care
- Complications & Complications management
- Demonstration on patients