

# SKIN CARE THERAPY DIPLOMA



## COURSE INTRODUCTION AND OBJECTIVE

This Diploma provides students with extensive theoretical and practical applications of skin care. The objective of this Diploma is to provide fundamental knowledge of the structure of the skin on a cellular, anatomical, physiological and histological level. Students will acquire hands on experience delivering advanced facial treatments, anti aging treatments, microdermabrasion, and lactic, salicylic and glycolic peels which will form the basis for a career as a Skin Care Specialist.

Students will gain hands on experience with clients in Chellsey Medi Spa where they will practise client care and consultations, skin analysis and delivery of advanced facial treatments and exfoliation treatments using microdermabrasion technology and peels.

## ***COURSE DETAILS: 420 HOURS (6 MONTHS)***

### **1. BASIC SKIN CARE – 260 HRS**

Advanced Facial Treatments Using State-of-the-Art Technology and Electrical Equipment

- Skin Analysis and Client Consultation
- Anatomy & Physiology of the Skin
- Skin Types, Conditions and Pathologies
- Facial Procedures Designed for Different Skin Types Including European Basic, Advanced, Acne, Men's, Teen's and Mini Facial
- Massage Techniques, Stimulation, Relaxation and Deep Penetration to address different skin conditions
- European Relaxation Massage for Face, Neck and Decollate
- Extractions, Steam, Mask Therapy

### **2. ADVANCED SKIN CARE – 160 HRS**



- Lactic, Salicylic and Glycolic Peels & Acne treatments
- Ultrasound Treatments
- Aromatherapy Facial: Oxygenating & Detoxifying
- Acne Facials- Dermo-Purifying with Propolis
- Non-Surgical Face Lifting- antiwrinkle intensive treatments for mature skin
- Microdermabrasion & Pigmentation Treatments
- Eye and Neck Treatments